

- **dance classes near me**
- **dance studios near me**
- **dance studio**
- **ballet classes near me**
- **More**
- **About Us**
- **Contact Us**

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If you're an introvert, be aware that you're likely to have trouble performing some steps. This can cause problems in the beginning. Focus on all aspects of dancing, not just what is difficult. The teacher must focus on the movements you make, such as how your arms and legs are aligned. Mirror images can be used as a teaching tool to help students understand these elements of dance.

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Reviews

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**Does the American Dance Institute studio in Shoreline,
Washington teach kids and adults?**

Yes, the American Dance Institute studio in Shoreline,
Washington, teaches kids and adults

dance lessons near me

American Dance Institute Shoreline

206-402-6561

[Google Business Profile](#)

Company Website : <https://www.americandanceinstitute.com/>

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